

Making Connections

SEPTEMBER–DECEMBER 2021

Events for women living with advanced/
metastatic breast or gynaecological cancer



Counterpart provides general information only. For further information, or to discuss your own situation, please consult your treating team.

Trial using medicinal cannabis for bone metastases

Webinar | Wednesday 15 September 11.00am–12.00pm

Biotech company Medlab Clinical are conducting a chronic pain observational study to understand the effectiveness, tolerability and safety of pharmaceutical grade medicinal cannabis. Preliminary findings identified that patients with bone metastases were responding well to the therapy. As a result, the company has started a more targeted trial, and they are keen to recruit more patients with bone metastases. If successful, this therapy may provide a viable alternative to opioid drugs. Our speaker is Daniel Tan, Regional Team Leader at Medlab Clinical.

Worrying about loved ones

Online workshop | Thursday 14 October 1.00pm–2.00pm

The stresses and strains of living with metastatic cancer are felt not only by the woman diagnosed but by her loved ones as well. People may be affected emotionally, psychologically, physically, financially, or because of family dynamics and role changes. Concern for loved ones, especially for children, and the desire to protect them often weighs heavily on women living with metastatic cancer. There are no easy answers here – each person and family will deal with these issues in their own way.

This session offers a short presentation from psychologist, Belinda Astl, as well as some space to share and listen to other women dealing with similar concerns.

COUNTERPART RESOURCES

Past webinar recordings

[Clinical trials for metastatic cancer](#)

Dr Shirley Wong, Medical Oncologist. Recorded March 2021

COUNTERPART SUPPORT

Counterpart Peer Support

Phone or email us to organise a call from one of our trained volunteers.

Join our Making Connections mailing list if you are living with metastatic cancer

1300 781 500

counterpart.org.au/events

info@counterpart.org.au

Making Connections continued



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OTHER SUPPORT AND RESOURCES

Newly diagnosed with metastatic cancer?

Look here for some insightful thoughts from women living with metastatic breast cancer and sharing their advice for the newly diagnosed.

www.breastcancer.org/symptoms/types/recur_metast/blog/newly-diagnosed

Symptom and Urgent Review Clinics (SURC)

This is a new approach to managing patients who are receiving chemotherapy and experiencing symptoms from their cancer or treatment. It aims to recognise and manage symptoms early and avoid people presenting to emergency departments. See the link for a list of the metropolitan and regional health services that have a SURC clinic available.

www2.health.vic.gov.au/about/health-strategies/cancer-care/cancer-projects/symptom-urgent-review-clinic-initiative

#ThisIsMBC

This campaign is a collaboration between Eisai Inc and METAvivor aiming to change misperceptions about metastatic breast cancer (MBC). METAvivor is a US-based organisation with a strong focus on equitable allocation of funding for MBC research.

The campaign includes a large collection of videos of a wide range of women and men living with metastatic breast cancer sharing their experiences.

www.mbcinfocenter.com/this-is-mbc

Hope and Hurdles

Breast Cancer Network Australia have incorporated their Hope and Hurdles information resource for women living with metastatic breast cancer into their My Journey resource. When women sign up, they are asked for their diagnosis type and then receive the appropriate information for their diagnosis.

www.bcna.org.au/resource/kits/hope-hurdles/

OTHER COUNTERPART EVENTS

See our website for all upcoming webinars and online workshops for women with all stages of cancer, including

[Mindfulness and emotions](#) Wed 27 Oct

[Medicinal cannabis](#) Mon 8 Nov

[Happy body, calm mind](#) Tue 23 Nov

BOOKINGS ESSENTIAL

1300 781 500

counterpart.org.au/events

info@counterpart.org.au

If you would like more information about our webinars, please get in touch or visit our website.



Counterpart is a service of Women's Health Victoria. Counterpart is supported by the Victorian Government.

Women's Health Victoria acknowledges the Traditional Custodians of the lands and waters on which we work. We pay our respects to them, their culture and their Elders past, present and emerging.

 SCAN ME

View all event details
and book online.

