



Have you had treatment for gynaecological cancer?

Join our physiotherapy research project and help us help other women!

WHY ARE WE DOING THIS STUDY?

Bladder leakage or urinary incontinence is common in women, especially women who have had treatment for gynaecological cancer. It can affect daily activities, personal relationships and a person's sense of well-being.

This study aims to help us better understand treatments that may help women experiencing bladder leakage after having treatment for gynaecological cancer.



This project has received approval from the Monash Health Research and Ethics Committee (Reference number:RES-21-0000-626A) and is registered with The University of Melbourne Office of Research Ethics and Integrity.

WHO CAN PARTICIPATE?

Women who have had treatment for Stage I, II or III uterine, ovarian or cervical cancer or borderline ovarian tumour, and are experiencing bladder leakage.

WHAT WOULD I BE ASKED TO DO?

Involvement in the study is for 1 year. At the start of the study, you will be asked to complete questions about yourself, your health, quality of life and bladder leakage. You will be asked to complete similar questions again after 4 months and after 1 year. In the study, you could be allocated by chance to receive one of two treatments for bladder leakage. Either: 1) usual care: this will involve information about bladder and bowel health and a follow-up call with a researcher OR 2) pelvic floor physiotherapy: this will involve 8 sessions with a physiotherapist, over 16 weeks. All sessions will be over video-call and not in person.

INTERESTED IN PARTICIPATING?

Please contact us: angela.ravi@unimelb.edu.au or 0434 772 748 to find out more about the research project.



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