

**Counterpart Peer Support Volunteer and Staff training
for the expansion of services to all women with cancer
June 2022**

| Day 1 – 14th June | | | |
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| Time | Title | Description | Facilitator/Presenter |
| 09.45 – 10.00 | Group to join on line | <ul style="list-style-type: none"> • Chat and ice breaker | Kellie Jolly (facilitator) |
| 10-10.45 | Session 1: Welcome and introductions | <ul style="list-style-type: none"> • Acknowledgment of country • Welcome by Dianne Hill (10 mins) • Housekeeping • Training • Content warning • Questions – how to ask them in zoom | Kellie Jolly (facilitator) Dianne Hill (CEO WHV) Jan |
| 10.45-11.00 | Break | Stretch/coffee | Kellie Jolly |
| 11.00-11.30 | Session 2: About the training | <ul style="list-style-type: none"> • Brief outline and expectations • Questions? | Jan |
| 11.30-12.45 | Session 3: Surgical treatment | Presentation followed by questions | Dr Tilly Anderson Oncology surgeon (Western Health) Kellie Jolly (facilitator) |
| 12.45-1.15 | Lunch | | |
| 1.15 – 2.00 | Session 4: Meet the consumers – stories and a panel discussion (A) | Meet the consumers – sharing stories and experiences followed by questions | Consumers from different tumour streams Kellie Jolly (facilitator) |
| 2.00-2.05 | STRETCH | | Kellie Jolly (facilitator) |

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| 2.05 – 2.35 | Panel discussion (A) (continued) | Meeting consumers – sharing stories and experiences followed by questions | Kellie Jolly (facilitator) |
| 2.35-2.45 | BREAK | | |
| 2.45 – 4.00 | Session 5: Medical treatment | Chemotherapy (including immunotherapy, hormone therapy etc) Presentation followed by questions | Dr Meagan Inglis Medical Oncologist (Western Health) Kellie Jolly (facilitator) |
| 4.00 – 4.05 | STRETCH | | |
| 4.05 – 4.30pm | Homework preparation Reflection on the day and contemplation | Activity outlined and tasks allocated for next week. Questions? Background links available on the website. Reflection on the day | Kellie Jolly (facilitator) Jan |

| Day 2 - 21st June | | | |
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| Time | Title | Description | Facilitator |
| 10-10.25 | Today's agenda and Homework | General discussion of issues arising from day one (treatment and consumer stories) Homework –discuss allocated cancer types | Kellie Jolly (facilitator) Jan |
| 10.25-10-30 | Quick breather | | Kellie Jolly (facilitator) |
| 10.30-11.45 | Session 6: Radiotherapy | Presentation followed by questions | Assoc Prof David Kok Radiation oncologist (Peter Mac - Moorabbin, Bendigo) Kellie Jolly (facilitator) |
| 11.45 – 12.00 | Break | | |
| 12.00 – 1.15pm | Session 7: Psychosocial impacts of living with cancer | Living with cancer especially other cancers Presentation followed by questions | Dr Brindha Pillay (Psychologist) Peter Mac Kellie Jolly (facilitator) |
| 1.15 – 1.45 | Lunch | | |
| 1.45 – 3.00 | Session 8: Meet the NGOs Presentations with a panel discussion and questions (B) | Meet the NGOs. Presentations followed by questions | 1. CCV – Sophie Thompson 2. Pancare - Tiffany Dobson 3. Lung foundation – Nicole Parkinson |

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| 3.00 – 3.10 | Short break | | |
| 3.10—4.15 | Session 9: ACTIVITY based on earlier preparation | Issues based – identify how she could be supported. Group work, then join and have discussion about issues and cancers you’ve been working on. | <p>Kellie Jolly (facilitator)</p> <p>Jan helping to facilitate other group</p> |
| 4.15 – 4.30 | Homework Reflection on the day | Patient stories – other cancers (TBC) | <p>Kellie Jolly (facilitator)</p> <p>Jan</p> |

| Day 3 – 28th June | | | |
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| Time | Title | Description | Facilitator |
| 10-10.25 | Today's agenda and Homework | General discussion issues arising from day two and homework | Jan |
| 10.25-11.45 | Session 10: Panel discussion (C) with presentations and questions | More confronting issues: the personal and social impacts of living with other cancers (especially rare and less common cancers) | Kellie Jolly (introducing) Oncology nurses <ul style="list-style-type: none"> • Kaitlyn Christie • Jo Wilson Consumers X 2 TBC Belinda Astl (facilitator) |
| 11.45-12.00 | Activity | Start thinking about your concerns about our expansion to include women with all cancers, make notes and think over lunch | |
| 12.00 – 12.30 | Lunch | | |
| 12.30 – 1.50 | Session 11: Panel discussion (D) Q&A Stigma and discrimination Presentation then panel discussion and questions | Brindha to set scene (20 mins) then quick stretch/break Then panel discussion about responses and support <ul style="list-style-type: none"> • Consumers • Carlene Wilson (LaTrobe and Melbourne Univs) women from CALD backgrounds and cancer and discrimination • Brindha (managing at personal level) | Dr Brindha Pillay (Psychologist) Peter Mac Consumers X 2 TBC Prof Carlene Wilson Academic Psycho-oncologist (Melbourne and LaTrobe University) Kellie Jolly (facilitator) |

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| 1.50 - 2.00 | Break | | |
| 2.00 - 3.00 | Session 12: Workshop - Counterpart managing expansion, differences and providing connection, support and information | <ul style="list-style-type: none"> • Introduction – what we’re doing • Workshop divide into 2 groups – to air issues/concerns and suggest solutions and approaches • What is Counterpart’s role? How to roll this out? Give PSV opportunity to air their concerns | Group work Belinda Astl (facilitator) Kellie Jolly (support facilitator for other group) Notetakers and reporters back for each group |
| 3.00 - 3.05 | Short break | | |
| 3.05-4.00pm | Session 12 (cont): Workshop | Activity – get together and discuss workshop findings as one group | Group work (cont) Belinda Astl (facilitator) |
| 4.00-4.30pm | Session 13: Wrap up and next steps | Next steps | Fiona McRae |