

# CaRE Community & Researcher Engagement

**Have you, or a loved one, experienced unexplained pain, stabbing, tingling, numbness, or sensitivity after surgery?**

**Do you want to work with a medical research team to avoid this discomfort for future patients?**

The consumer engagement program at the Central Clinical School (Monash University) engages flexibly and respectfully with members of the public who have a lived experience of a disease or illness we study. These valuable partnerships provide us with a unique perspective on the health conditions we research, allowing patients/carers to contribute to a shared goal of improving health outcomes.

***If you (or someone you care for) have personal experience of these symptoms, please express your interest to collaborate with a research team at the Australian and New Zealand College of Anaesthetists (ANZCA) Clinical Trials Network (CTN).***

Chronic Post-Surgical Pain is pain (or discomfort) experienced at the surgical wound that persists for at least a few months. It is an ongoing post-operative concern as it can cause unwanted limitations to a patient's function and anxiety. Further exploration is needed to fully evaluate the risks associated with medications designed to avoid chronic post-surgical pain.

**Your insights will accelerate the development of a clinical trial**, increasing our ability to improve our understanding of dexamethasone associated Chronic Post-Surgical Pain.

You will **attend a few meetings to help with the study design and grant proposal preparation** for this clinical trial. There may be further opportunities for you to work with the research team.

**Please express your interest** ([here](#)) if you are a person who has experienced Chronic Post-Surgical Pain or cared for someone that has and are willing to use your own experience to help the Australian and New Zealand College of Anaesthetists (ANZCA) design a new clinical trial. Please note, this is *not* an invitation to join a clinical trial.

**We are hoping to recruit community members ASAP.**  
For more information please email [ccs.care@monash.edu](mailto:ccs.care@monash.edu).